

Here's a  
template to get  
you started:

# OUTSIDE YOUR WINDOW!

Find it!



Find your favourite spot in the garden, or the window with the best view and start journaling!

Log it!



A Field Journal is a fabulous way to record the world around you, and the wonderful thing is - no two journals are the same.

You might like to **create a table** or **write a list**, write detailed descriptions, **paint or draw** what's around you or even **photograph** what you see.

## My Field Journal

**1 Date and time:** This will allow you to look back and compare your observations.

.....

**2 Location:** Where exactly are you?

.....

**3 Weather:** Temperature, humidity, clouds, etc.

.....

**4 Habitat:** Are you in the country side, or more of an urban area? Describe your surroundings.

.....

.....

**5 Notes:**

.....

.....

.....

.....

If you are unsure of a particular species – Make a note and you can research what it might be later. The more information you collect the more you can learn. Our memories can be quick to forget small details and you never know what might be important later on!

